

WEEKLY PROGRAMMES AT VÉRITÉ (December 2007)

DAILY:

Meditation Group Sitting with Bhavana in Vérité Hall
(6.00-7.00 AM Mon-Sat)

Yoga & Body Awareness with Benjamin in Vérité Hall
(7:00-8:30 AM: Mon-Sat, 9.00-12.00 Sunday)

Savitri & Life Divine Reading with Bhavana in Library
(9.30 M, W, Th, Fri; 19.30 Tues, 13.30 Sat)

MONDAYS:

17:00 - 18:45: **Dance Space** with Dariya (ph:2623 565) in Vérité Hall

TUESDAYS

17:00 - 18:30: **Chant Your Heart Open** with Jivan (jivanfree@yahoo.com)
in Vérité Hall

WEDNESDAYS

19:30 - 21:00: **Nonviolent Communication Movie Night** with Bhavana
in ILC Studio

19.30 – 21,00 **Chant Your Heart Open** with Jivan in Verite Hall

THURSDAYS

9:00-10:30AM: **Chant Your Heart Open** wiith Jivan in ILC Studio

16:45 – 18.30: **Nonviolent Communication Movie Night** with Dariya and
Tewa in ILC Studio, Dec 20 Jan 3, 17

17:30 - 19.00: **Bhajans** with Anandi (ph: 2622 778) in Vérité Hall

FRIDAYS

18:30-19:45pm: **Capoeira** with Samir (azur.dream@hotmail.fr) in Vérité Hall

19.30 – 21.30 **Jivan in Concert: Songs of Peace, Love and Soul**, in ILC
Studio (alternate Fridays, Dec 21, Jan 4, 18).